

The Royal Hotel Cardiff

Breakfast

*£10 pre-booked or £11.50
on the day!*

Come down to the famous Captain Scott room, take a seat and help yourself to the continental and full breakfast on offer.

We will do our best to accommodate dietary requirements as best as possible, but advance notice is essential.

For allergens, please speak to a member of staff who will happily advise you.

Continental Buffet

Please note that some items on the continental buffet are seasonal and may not be available all year round.

Cereals

Alpen Muesli
Coco Pops
Cornflakes
Crunchy Nut Cornflakes
Fruit 'n' Fibre
Special K
Rice Krispies
Weetabix
Honey Cheerios
Original Cheerios
Curiously Cinnamon
Nesquik
Coco Shreddies
Original Shreddies
Frosted Shreddies
Cookie Crisp

Quakers Oat Porridge Pots

Apple and Blueberry, Original, Golden Syrup

Pastries & Bread

Croissants, Danish pastries
Sliced white bread, Sliced brown bread
Chocolate muffin, Blueberry muffin, Teacakes

Preserves and butters

Strawberry, Blackcurrant
Raspberry, Orange Marmalade
Clear Honey, Marmite, Peanut Butter,
Nutella, Lemon Curd, Apricot
Anchor Butter, Flora Butter

Selection of cheese

Including Dairylea Triangles, Babybel

Honey Roast Ham & Salami

Sliced and whole fruit

Including Grapefruit and Mandarin segments

Yoghurts

Strawberry, Peach and Apricot,
Blueberry, Natural

Dried fruits and seeds

Dried Apricots, Walnuts, Cranberries,
Pumpkin Seeds, Sunflower Seeds,
Raisins, Coconut, Granola

Fruit Juices

Grapefruit, Apple, Orange,
Pineapple, Iced Water

Selection of teas and coffee

Decaf Tea
Decaf Coffee
Pure Peppermint
Green Tea
Camomile
Lemon and Ginger
Cranberry and Raspberry
Mango and Strawberry
English Breakfast
Earl Grey

We also have a bean to cup coffee machine you can make your own Espresso and Americano coffees.

Full Welsh Breakfast

All hot food is cooked fresh and there may be a small wait time whilst fresh items are being cooked.

Smoked back bacon
Cumberland Sausage
Tomato
Mushroom
Heinz baked beans
Hash Browns
Black Pudding (on request)
Free range eggs
fried, poached or scrambled (latter two on request)

Vegetable sausages are also available but please allow additional cooking time.

Hot Food Cooked to order

Kippers with poached eggs

American style pancakes

Served with maple syrup

Three egg omelette

(£3.00 supplement charge)

with choice of :

Mature cheddar cheese (D)

Honey roast ham

Tomato

Mushroom

Red Onion